

ATHLETIC COMPETITION**SPORTSMANSHIP**

Sportsmanship involves accepting a loss or defeat without complaint, claiming victory without gloating and treating opponents and officials with fairness, courtesy and respect. All athletes and coaches must comply with the District's Extra-Curricular Code of Conduct. (*Policy 5131.1*)

Unacceptable behavior at all school contests includes berating an opponent's school or mascot, berating opposing players and making obscene cheers or gestures.

Coaches, athletes, cheerleaders, and spectators shall respect the integrity and judgment of sports officials. Words or gestures of complaint about officials' calls are unacceptable.

EQUIVALENT OPPORTUNITY

Exclusion on the basis of gender from participation in any extracurricular or athletic program or activity constitutes discrimination. (*Education Code 230*)

No person shall on the basis of gender be excluded from participation in, be denied the benefits of, be denied equivalent opportunity in, or otherwise be discriminated against in interscholastic or intramural athletics. The District shall not provide athletics separately on such basis. (*Code of Regulations, Title 5, Section 4920*)

The District may provide single-gender teams where selection for teams is based on competitive skills. (*Code of Regulations, Title 5, Section 4921*)

When a school provides only one team in a particular sport for members of one gender but provides no team in the same sport for members of the other gender, and athletic opportunities in the total program for that gender have been previously limited, members of the excluded gender shall be allowed to try out for the team. (*Code of Regulations, Title 5, Section 4921*)

When determining whether equivalent opportunities are available to both genders in athletic programs, the District shall consider, among other factors:
(*Code of Regulations, Title 5, Section 4922*)

1. Whether the selection of sports and other extra-curricular and co-curricular competition effectively accommodates the interests and abilities of both genders.
2. The provision of equipment and supplies.
3. Scheduling of games and practice times.
4. Travel and per diem allowances.
5. Opportunities to receive coaching and academic tutoring.
6. Assignment and compensation of coaches and tutors.
7. Provision of locker rooms, practice and competitive facilities.
8. Provision of medical and training facilities and services.
9. Provision of housing and dining facilities and services.
10. Publicity.

HEALTH AND SAFETY

Coaches and appropriate District employees shall take every possible precaution to ensure that athletic equipment is kept in safe and serviceable condition.

Whenever an athlete incurs an injury or wound that produces bleeding or other bodily fluids, the athlete shall be appropriately treated as soon as possible, using universal precautions.

PARENTAL NOTIFICATIONS

Before a student participates in interscholastic athletic activities, his/her parents/guardians shall receive a notice which:

1. Explains that there is an element of risk associated with all athletic competition and that the District cannot ensure that their student will not be injured, despite the staff’s commitment to provide for every participant’s health and welfare.
2. Requests parental permission for the student to participate in the program and, if appropriate, be transported by the school to and from competitions.
3. Explains that it is imperative that the student adhere strictly to all safety rules, regulations and instructions as well as rules and guidelines related to sportsmanship, citizenship, and the Extra-Curricular Code of Conduct.

INTERSCHOLASTIC ATHLETICS

COACHING ASSIGNMENTS

The number of coaching assignments per high school is recommended as follows:

BOYS’ SPORTS	
SPORT	# of Coaching Assignments
Baseball – Varsity	1
Baseball – Jr Varsity	1
Baseball – 9 th Grade	1
Basketball – Varsity	1
Basketball – Jr Varsity	1
Basketball – 9 th Grade	1
Football – Varsity	1 Head Coach 4 Assistants
Football – Jr Varsity	1 Head Coach 4 Assistants

GIRLS’ SPORTS	
SPORT	# of Coaching Assignments
Basketball – Varsity	1
Basketball – Jr Varsity	1
Basketball – 9 th Grade	1
Field Hockey – Varsity	1
Field Hockey – Jr Varsity	1
Softball – Varsity	1
Softball – Jr Varsity	1
Softball – 9 th Grade	1

Football – 9 th Grade	1 Head Coach 1 Assistant
Soccer – Varsity	1
Soccer – Jr Varsity	1
Soccer – 9 th Grade	1
Wrestling – Varsity	1 Head Coach
Wrestling – Jr Varsity	1
Wrestling – 9 th Grade	1
Tennis – Varsity	1
Tennis Jr Varsity	1
Volleyball – Varsity	1
Volleyball – Jr Varsity	1

Volleyball – Varsity	1
Volleyball – Jr Varsity	1
Soccer – Varsity	1
Soccer – Jr Varsity	1
Soccer – 9 th Grade	1
*Gymnastics – Varsity	1
*Gymnastics – Jr Varsity	1
Tennis – Varsity	1
Tennis – Jr Varsity	1
Golf – Varsity	1

Golf – Varsity	1
Track & Field – Varsity	1
Track & Field – Jr Varsity	2
Track & Field – 9 th Grade	1
*Water Polo – Varsity	1
*Water Polo – Jr Varsity	1
Lacrosse – Varsity	1
Lacrosse – Jr Varsity	1
Swimming – Varsity	1
Swimming – Jr Varsity	1

Track & Field – Varsity	1
Track & Field – Jr Varsity	2
Track & Field – 9 th Grade	1
Water Polo – Varsity	1
Water Polo – Jr Varsity	1
Lacrosse – Varsity	1
Lacrosse – Jr Varsity	1
*Gymnastics – Varsity	1
*Gymnastics – Jr Varsity	1

BOYS' & GIRLS' SPORTS COMBINED	
SPORT	# of Coaching Assignments
*Cross Country – Varsity	1

*Swimming – Varsity	1
*Swimming – Jr Varsity	1

* LCC and TP

FLOATER POSITIONS

Each high school is authorized up to eight (8) assistant coaching positions financed by contributions from foundations or booster organizations.

REGIONAL AND CALIFORNIA INTERSCHOLASTIC FEDERATION (CIF) PLAYOFF TRAVEL

All overnight and/or out of San Diego County travel for students and employees to attend individual and team championships associated with regional and state California Interscholastic Federation (CIF) championship playoff events within California may be approved by the Superintendent or a designee. Regularly scheduled overnight and out of San Diego County athletic trips during the pre-season and regular season must still receive authorization from the Governing Board prior to travel within California.